



Youth Compound Bow Coaches Seminar

Who: Coaches and Parents of youth compound archers. The purpose of this seminar is to upgrade coaches skills in how to teach youth compound archers and to assist them in purchasing equipment. This class is not intended to be a compound archer's clinic.

Where: Straight Arrow Archery Learning Center
60 Storehouse Drive Victoria, Tx

When: Saturday January 9, 2009 9 a.m. – 4 p.m.

Cost: \$75 (1 youth archer may accompany a parent or coach)

Class limit: We will limit the seminar to the first 10 participants. If there is more interest, we will hold additional seminars in the future.

Registration: Sign up at www.straightarrowarchery.org in the Upcoming Events section.

What:

- 1) Purchasing a youth compound bow
- 2) Accessories for compound bow
 - a. Sight
 - b. Rest
 - c. Sling
 - d. Quiver
 - e. Stabilizer
 - f. String loop
 - g. Peep
- 3) Initial set up and tuning

- 4) Purchasing a release aid
- 5) Fitting a release aid to the youth archer
- 6) How to properly shoot a release aid
- 7) Proper compound form
- 8) Arrow selection for compounds
- 9) Trouble shooting compound bows
 - a. Growth issues
 - b. Arrow spine
 - c. Clearance issues
 - d. Cam timing
 - e. Anchor point
 - f. Peep height
 - g. Field adjustments
 - i. Peep replacement and alignment
 - ii. Cam timing
 - iii. Serving
 - iv. Portable press
- 10) Trouble shooting youth compound archers
 - a. Trigger punching
 - b. Shot anticipation
 - c. Target panic
 - d. Floating anchor